TEM+ Escolas in Mozambique
Creating Demand for Contraceptive Counselling and Product Delivery

THE APPROACH

Tem+ (Portuguese for ‘get more’) is a network of reproductive health clinics offering counselling, contraceptives, pregnancy tests, STI screening & treatment, and HIV counselling & testing. It connects young women in communities through a network of dedicated Tem+ Nurses, each supported by 5-10 Community Health Promoters who engage women within their local communities, public health units, markets and schools. Promoters provide women with basic FP information and, if interested, a referral for an appointment with the nurse. The nurse provides a more extensive counselling session on a range of contraceptive options and, if the woman so chooses, provides her immediately with the method of her choice.

Good brand architecture is essential to make a service delivery brand effective. Tem+ comes in a diversity of channels with different target populations, geographical areas, pricing and objectives:

- **Tem+ Public**: Targets lower income women. PSI manages the TEM+ clinic and staff, while the MOH provides facilities and commodities.
- **Tem+ Private**: Targets lower middle income women. Charge a symbolic fee ($0.50-$3) for RH services provided, which offset ~30% of operational expenses.
- **Tem+ Mobile**: Targets lower-middle income women in peri-urban/rural areas. Tem+ nurses are taken to communities to reach areas that are not covered by fixed clinics.
- **Tem+ Escolas (Schools)**: Targets 14-19 year old adolescent girls in ‘school corners,’ where Tem+ nurses provide free counselling and contraceptive methods.
- **Tem+ Community-Based Distribution**: Targets lower-middle income women in peri-urban areas. Promoters take FP services straight to women’s doorsteps.

The Tem+ Escolas school program supports the Mozambican Government in its FP2020 commitment to provide services in all schools. This program involves all the key stakeholders in the schools (headmasters, focal points, parent-teacher associations, and students), who approve the activities that take place in ‘School Corners’ - separate rooms or areas on school grounds.

- Has reached over 60,000 youth with information
- Has 390 peer educators trained
- Operating in 50 schools, 16 of which provide services on-site
- Has led to 11,124 effective referrals, distributing over 33,000 contraceptives
- Nurses and peer educators trained to talk in youth-friendly ways about safe abortion services and where to access them

There is a strong demand for service and product delivery within schools, the place where the largest captive audience of young people can be reached. By bringing the Tem+ network, and nurses directly to school facilities, adolescent girls are given the opportunity to choose a contraceptive method for her needs, right then and there.