PURPOSE

The purpose of the Self Care Evidence and Learning Working Group (ELWG) is to advance learnings and contribute to building the evidence base to introduce, scale-up, and sustain self-care interventions within health systems. This group will work in concert with the Self Care Advocacy Working Group (AWG) (see separate Terms of Reference) to build a practice for developing, sharing and applying concrete solutions for self-care in light of the World Health Organization’s (WHO) consolidated guidance on self care for sexual reproductive health and rights (SRHR).

ACCOUNTABILITY

The Self Care ELWG is accountable to its members. All workplans, reports, commitments should be shared publicly on the microsite. In addition, the TWG will report into the secretariat to ensure a flow of information to the AWG, the SCTG Steering Committee, as well as to the donors, CIFF and the Hewlett Foundation.

TERM

These Terms of Reference are effective from 1 April 2020 and continues until 31st December 2020. Expansion will be considered in consultation with Self Care Trailblazers partners and with follow-on financial support.

MEMBERSHIP

The Self Care ELWG will comprise of one or two coordinators and an unlimited number of members. Amanda Kalamar, Senior Research Advisor, from Population Services International, will play the role of one of the coordinators for the current term. If there is interest from other partners to play a coordination role, it is possible to share this function across partners. A member from a partner organization is welcome to volunteer for the role of co-coordinator. Broader membership to the ELWG is on a voluntary basis.
MECHANISM FOR OPERATION

The Self Care ELWG will consist of:

- A meeting/webinar should be held every approximately 6-8 weeks to reflect on work to date, plan new work, and cross pollinate learnings and evidence. All notes and outputs of these meetings will be stored on the microsite.
- Annual meeting. At convenient forums, such as happened with Women Deliver and ICPD+25 in 2019, the ELWG should have a meeting once per year, with as many members as possible that are available in person.
- Ad hoc partnerships will be established to support the specific pieces of work commissioned by the work of the ELWG each year.
- Technical webinar series as needed exploring topics identified and prioritized in the self-care learning agenda. Members will be expected to co-facilitate/lead relevant webinars.

Other modes will be considered based on inputs from the Self Care ELWG and as time and resources allow.

OUTPUTS

- Self Care and Digital Health Framework: a descriptive framework and supporting reference material that provides practical guidance on the critical characteristics for effectively designed, implemented and researched digital health in support of quality self-care.
- Policy Mapping: develop an implementation and advocacy tool to understand the extent to which countries do – or do not – practice these guidelines in terms of policy or implementation.
- Ad Hoc Learning and Evidence Work Products commissioned by throughout the year by joint agreement among the members of the ELWG to fill identified needs and gaps and leverage learning opportunities.